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**GRIEF WORKSHOPS**

In the Wake of COVID-19

A one night grief workshop for those who have lost a loved one due to COVID-19 or during the COVID-19 quarantine.

We will focus on the challenges of grieving a sudden and/or traumatic loss, in which one was unable to have the type of contact needed during that time. Participants will have a chance to share their experiences with others and support one another in understanding their loss.

**JULY 22, AUG 26 & SEP 23, 2020**
6:7-30 PM
ZOOM WORKSHOP

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